

## Vanilla Bean Paste

A great alternative to vanilla beans



# VANILLA

## STRAWBERRY CHIA PUDDING



4 servings

### INGREDIENTS

#### Vanilla Layer

1/4 cup organic chia seeds

1 cup oat milk (soy or almond milk will also work)

2 teaspoons vanilla bean paste

1 1/2 tablespoons agave (maple syrup or date syrup will also work)

#### Strawberry Layer

1/4 cup organic chia seeds

1/2 cup strawberry puree

1/2 cup oat milk (soy or almond milk will also work)

2 teaspoons vanilla bean paste

1 1/2 tablespoons agave (maple syrup or date syrup will also work)

### DIRECTIONS

1. Make the Vanilla Layer: Place all the "vanilla layer" ingredients in a bowl and stir well. Ensure the chia seeds are fully submerged in the liquid and there are no lumps. Cover and refrigerate overnight.
2. Make the Strawberry Layer: Place all the "strawberry layer" ingredients in a bowl and stir well. Ensure the chia seeds are fully submerged in the liquid and there are no lumps. Cover and refrigerate overnight.
3. When ready to serve, place the strawberry chia seed pudding into 4 small cups until half full. Top each cup with the vanilla chia seed pudding. Add any fresh fruit to the top, and Enjoy!

